

The Association of Functional Single Nucleotide Polymorphisms of the RBP4 Gene with Gene Expression and Insulin Resistance Risk

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Abstract:

Aims/Introduction: The RBP4 level has been found to correlate positively with risk of insulin resistance and type 2 diabetes. However, the exact mechanism linking RBP4 with metabolic disorders is not clear. In presented study the associations of two single nucleotide polymorphisms located in promoter region of the *RBP4* gene rs3758538 (-1265A>C) and rs3758539 (-803 G>A) with insulin resistance risk, *RBP4* mRNA level and biochemical parameters were analyzed.

Material and methods: Two polymorphisms were genotyped by multiplex minisequencing with the use of ABI PRISM[®] SNaPshot Multiplex Kit. *RBP4* gene expression analysis was done by Relative Real-Time PCR and normalized to β -actin and *GUS*- β genes. Insulin and cytokines were measured using commercial ELISA kits.

Results: IR patients were characterized by increased *RBP4* mRNA level in adipose tissue comparing to IS patients and control subjects, what correlated positively with insulin resistance. Polymorphism rs3758539 showed no differences in genotype frequencies between tested groups. The rs3758538 displayed higher number of C allele within type 2 diabetes patients. There was no relationship between genotype and *RBP4* gene expression level. Furthermore, no relationship of investigated SNPs with insulin resistant phenotype has been noticed.

Conclusions: Present results link the *RBP4* gene expression level with insulin resistance pathogenesis. However, there is lack of association between analyzed SNPs with insulin resistant phenotype, *RBP4* gene expression level and inflammatory state.

Keywords: RBP4, Insulin resistance, SNP

Introduction

Obesity is considered as the strongest risk factor for metabolic syndrome (MS), insulin resistance (IR) and type 2 diabetes mellitus (T2DM) [1,2]. In deed, numerous studies demonstrated that visceral adipose tissue correlated stronger with insulin resistance than subcutaneous adipose tissue [3,4]. Obesity leads to adipocytes hyperplasia and hypertrophy that impairs their metabolism and function [3,5]. On the other hand physical activity and body mass reduction

improve the whole body response to insulin and insulin sensitivity [6,7].

Apart from excess energy storage, the adipose tissue also functions as an active endocrine organ secreting into blood stream many important cytokines like leptin, adiponectin, resistin and recently discovered retinol binding protein 4 (RBP4). Furthermore, adipose tissue is implicated in generation of chronic low grade inflammatory state via secretion of many inflammatory cytokines like TNF- α (tumor necrosis factor-alpha), IL- 1, -6 and -10 (Interleukin 1,6,10) or



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MCP-1 (monocyte chemoattractant protein-1). The levels of secreted inflammatory cytokines and adipocytokines are correlated with body mass index (BMI) [8,9], impairment of insulin action and insulin resistance [10].

The RBP4 is a principal retinol (Vitamin A) transporter and is secreted by adipose tissue and liver [11]. Increased circulating RBP4 level has been found in obese subjects. Interestingly, the increased RBP4 level correlated positively with risk of IR and type 2 diabetes [12]. According to Klötting et al. [13] the level of *RBP4* gene expression rate was higher in visceral comparing to subcutaneous adipose tissue, what positively correlated with BMI value. These findings link RBP4 with metabolic disorders; however, the exact mechanism linking RBP4 with metabolic disorders is not clear. There are several possible mechanisms implicating RBP4 with impairments in insulin sensitivity. It has been shown that circulating RBP4 level negatively correlated with GLUT4 level in adipose tissue [12,14], what might suggest influence on *SLC2A4* gene expression. RBP4 also seems to affect the phosphorylation of IRS-1 serine residues [15]. Furthermore numerous polymorphisms of the *RBP4* gene were associated with BMI, hypertriglyceridemia or risk of type 2 diabetes [16,17,18]. Kovacs et al. [19] displayed the relationship of six SNPs haplotypes with the *RBP4* gene mRNA level and increased risk of insulin resistance. Similar relationship of rare haplotypes has been seen by Hu et al. [20]. Additionally, they revealed associations with circulating RBP4 level and serum C-peptide level at fasting state and after OGTT.

In presented study the associations of *RBP4* gene expression with insulin resistance was assessed. Furthermore the mechanisms by which RBP4 might influence the insulin action were investigated. The *RBP4* gene expression level, the *SLC2A4* gene expression level and inflammatory cytokines were correlated. Two single nucleotide polymorphisms located in promoter region of the *RBP4* gene were genotyped and the genotype distribution was correlated with mRNA level, biochemical parameters and insulin resistance risk.

Material and Methods

The experimental protocols were approved by ethical review boards at Wrocław Medical University.

Population characterization

130 unrelated diabetic patients (68 men and 62 women) and 98 healthy controls (39 men and 59 women) were genotyped. Type 2 diabetes patients were inpatients of the Department of Angiology,

Hypertension and Diabetology of Wrocław Medical University. Adipose tissue biopsies both from type 2 diabetes patients and control subjects were taken during abdominal surgery performed in the First Department and Clinic of General, Gastroenterological and Endocrinological Surgery, Wrocław Medical University and in the Regional Specialist Hospital, Kaminskiego Street in Wrocław. The adipose tissue samples were collected from 15 patients with type 2 diabetes and from 24 control (without type 2 diabetes and insulin resistance) subjects. The aims of abdominal surgeries were mainly cholecystectomy, surgery of abdominal hernia or gastric surgery. The mean age of diabetic patients was 55 ± 7 years. The mean age of healthy subjects was similar and equaled 50 ± 10 years. Control subjects were selected based on fast glucose level below 100 mg/dl, lack of diabetes in family history, additionally for women no gestational diabetes in the past. All materials were taken after obtaining written consent. Diabetic patients were divided into two subgroups depending on the insulin sensitivity: *IS* – insulin sensitive and *IR* – insulin resistant.

BMI and insulin resistance ratios

BMI was calculated as weight in kilograms divided by square of height in meters [kg/m^2]. Insulin resistance ratios were calculated as follow [21]:

- 1) HOMA-IR [(glucose [mmol/l] * insulin [$\mu\text{U}/\text{ml}$])/22.5],
- 2) QUICKI [$1/(\log \text{ glucose [mg/dl]} + \log \text{ insulin } [\mu\text{U}/\text{ml}])$].

Genotyping

The whole venous blood was taken on anticoagulant at fasten state both from healthy control and diabetic patients after obtaining written consent. The blood samples were centrifuged and plasma samples were taken for adipocytokines and insulin levels measurements. DNA was isolated with the use of EZNA Total DNA Kit (Omega Bio Tek.). Two polymorphisms were genotyped: rs3758538 (-1265A>C) and rs3758539 (-803 G>A). Amplified in multiplex PCR (QIAGEN® Multiplex PCR Kit, Qiagen), polymorphic fragments were genotyped by multiplex minisequencing (ABI PRISM® SNaPshot Multiplex Kit, Applied Biosystems) according to manufactured protocols. The minisequencing products were separated in capillary electrophoresis together with GeneScan™120LIZ® Size Standard (Applied Biosystems) on ABI PRISM 3130 Genetic Analyzer (Applied Biosystems) and analyzed with the use of GeneMapper ID v3.2 (Applied Biosystems).

Insulin, adipocytokines and inflammatory cytokines measurements

The concentrations of insulin and adiponectin were

measured using commercial kits: Human Adiponectin ELISA Kit (Millipore) and Human Insulin ELISA Kit (Millipore). IL-6 and TNF- α concentrations were measured using ELISA kits: PeliKine Human IL-6 ELISA Kit (Sanquin) and PeliKine Human TNF-alpha ELISA Kit (Sanquin) according to manufactured protocols.

Gene expression analysis

Visceral adipose tissue biopsies were taken during abdominal surgery. Samples were preserved in RNALater (Ambion) and stored at -70°C until analysis. RNA was isolated using TriPure Reagent (Roche). cDNA was synthesized with the use of High Capacity cDNA Reverse Transcription Kit (Applied Biosystems). The gene expression analysis was done by Relative Real-Time PCR using TaqMan Gene Expression Assay (Applied Biosystems) and normalized to β -actin and *GUS- β* genes as reference controls (housekeeping genes).

Adipocytes measurements

Adipose tissue biopsies taken from lean patients (BMI < 25 kg/m²) and from obese patients (BMI > 30 kg/m²) were fixed in 10% formalin and stained by hematoxylin-eosin (H&E). Adipocytes size was assessed by ImageJ and analyzed statistically by Student-T test.

Statistical analysis

Statistical analyses were done using STATISTICA software. Statistical significance was considered with $p < 0.05$. Differences between clinical features of tested groups were assessed by Student's *T*-Test. Association of SNPs with clinical parameters and *RBP4* gene expression level were done with use of one way variance analysis ANOVA. Correlation between gene expression and biochemical parameters were assessed by coefficient of correlation. Differences in SNP's frequencies were tested using *CHI*² test. Hardy-Weinberg Equilibrium (HWE) was established by *CHI*² test using following formula $p^2+2pq+q^2=1$. Linkage disequilibrium (LD) was assessed using formula $D=hf - p_i \times q_i$ (hf -haplotype frequencies, p_i , q_i - alleles frequencies). The gene expression level was analyzed using relative quantification delta-delta ($\Delta\Delta C_t$) model [22].

Results

Characterization of analyzed groups

The anthropometrical and biochemical characterizations of type 2 diabetes patients and healthy controls are presented in table 1. 67.5% of all diabetic patients were insulin resistant (*IR*), whilst 32.5% diabetic patients displayed proper insulin sensitivity (*IS*). The *IR* patients were characterized by

increased BMI value ($p=0.0203$) and fasting insulin level ($p=0.0000$) as well as insulin resistance ratios ($p=0.0000$ both for HOMA-IR and QUICKI) in comparison to *IS* patients. Furthermore insulin resistance positively correlated with BMI ($R=0.44$, $p=0.000$ (HOMA-IR) and $R=-0.53$, $p=0.000$ (QUICKI)). Furthermore, *IR* patients manifested higher hypertension and increased TG level. The glucose level did not show statistical difference between groups of patients with a slight increase in the *IR* group ($p=0.0538$).

Hardy- Weinberg Equilibrium and linkage disequilibrium analyses

Both genotyped SNPs did not show any divergences from Hardy-Weinberg Equilibrium. For both polymorphisms the p values were higher than 0.99 (*CHI*²). There was no linkage disequilibrium between two analyzed SNPs in the *RBP4* gene.

Adipocytes measurements

The adipocytes sizes differed significantly between investigated groups (lean: BMI < 25 kg/m² and obese: BMI > 35 kg/m²) ($p=0.0000$). The histograms showed that obese subjects were characterized by increased adipocytes size, on the other hand histogram of lean subjects was shifted towards smaller cells (Figure 1).

Adipocytokines and inflammatory cytokines measurements analysis

There had been significant increase in IL-6 ($p=0.0157$) level but only slight increase in TNF- α level ($p=0.8859$) in type 2 diabetic patients with no differences between *IS* and *IR* groups. Furthermore IL-6 correlated positively with BMI values ($R=0.36$, $p=0.055$). However there was no correlation between IL-6 and insulin resistance ratios. On the other hand we observed strong negative correlation between TNF- α and QUICKI ($R=(-0.49)$, $p=0.046$), but there was no correlation with BMI. Adiponectin level was significantly lower in type 2 diabetes patients ($p=0.0293$) with no differences between *IS* and *IR* groups. More, the adiponectin showed slight negative correlation with BMI ($R=(-0.30)$, $p=0.0639$). There was however no correlation between adiponectin level and insulin resistance rate.

Genotype frequencies analysis

Genotype frequencies analysis showed slight differences in genotype distribution within investigated groups: the *IR*, *IS* and control subjects. The rs3758539 polymorphism showed no difference in genotype frequencies. The rs3758538 polymorphism displayed significantly higher number of C allele within type 2 diabetes patients. There was higher number of C/A and C/C genotype carriers

within type 2 diabetes patients ($p=0.0233$, CHI^2). However there was no statistical difference in genotype frequencies between *IR* and *IS* patients. The genotype and allele frequencies are presented in table 2.

Gene expression analysis

IR patients were characterized by increased *RBP4* mRNA level in adipose tissue comparing to *IS* patients and control subjects ($p=0.0277$ normalized to β -actin and $p=0.0105$ normalized to *GUS*- β , ANOVA) (figure 2). There was a slight positive correlation between *RBP4* gene mRNA level with HOMA-IR (*RBP4_G* $R=0.36$, $p=0.1$, *RBP4_B* $R=0.49$, $p=0.05$) and slight negative correlation with QUICKI (*RBP4_G* $R= (-0.20)$, *n.s.*, *RBP4_B* $R= (-0.37)$, $p=0.1$, figure 3). The *SLC2A4* gene expression level (encoding GLUT4) was slightly lower within type 2 diabetes patients, both in insulin resistant patients and in patients with proper insulin sensitivity comparing to healthy controls, however without statistically significance. Similar results have been obtained normalized to two housekeeping genes: β -actin and *GUS*- β (figure 3A). There was however no correlation between the *RBP4* and *SLC2A4* genes expression levels (figure 3B and 3C). Furthermore any associations between the expression of *RBP4* gene and adiponectin and inflammatory cytokines concentrations have been displayed.

Genotype association with the *RBP4* gene expression and insulin resistant phenotype

There was no relationship between genotypes of investigated SNPs and the *RBP4* gene expression levels. The level of *RBP4* gene mRNA did not differ depending on genotype. High level has been seen for *IR* patients and very low for *IS* patients and controls, but at the same level in carriers of all genotypes (figure 4a and b). Furthermore, no relationship of investigated SNPs with insulin resistant phenotype (BMI, HOMA-IR, QUICKI) has been noticed.

Discussion

The *RBP4* protein is considered as a principal retinol transporter [11]. It has been recently linked with increased risk for type 2 diabetes and insulin resistance [12]. It belongs to a family of adipocytokines secreted by adipose tissue. The level of secreted *RBP4* correlates positively with BMI and is secreted in higher level in obese when compared to lean subjects. It has been shown also that is highly expressed in visceral adipose tissue comparing to subcutaneous [14]. Obesity is accompanied by adipocytes hypertrophy and hyperplasia what favor insulin signaling impairment and induction of low grade inflammatory state by secretion of many cytokines like IL-6 or TNF- α [5]. Similarly, as it was

expected, we have shown significantly increase in adipocytes size within obese subjects. Obesity correlated positively with insulin resistance, what was confirmed by the correlation between BMI value and insulin resistance indexes: HOMA-IR and QUICKI. Furthermore obese subjects were characterized by increased IL-6 and TNF- α levels and lower adiponectin level that correlated either with BMI or with insulin resistant ratios. These data clearly suggest the role of obesity in insulin signaling impairment and insulin resistance pathogenesis. As the *RBP4* is one of cytokine secreted by adipose tissue, the possible mechanism mediating insulin resistance induction might involve *RBP4* protein.

Klötting et al. [14] showed increased *RBP4* gene expression level in visceral adipose tissue, the type of tissue considered as the more important in metabolic syndrome and type 2 diabetes developments. More, the level of *RBP4* gene expression positively correlated with BMI. Bajzová et al.[15] however demonstrated lower level of *RBP4* mRNA in visceral adipose tissue than in the subcutaneous adipose tissue. In our study we have focused on visceral adipose tissue and we demonstrated that the *RBP4* mRNA level was higher in type 2 diabetic patients suffering from insulin resistance. The *RBP4* gene expression level did not differ in diabetic patients with proper insulin sensitivity (assessed based on HOMA-IR and QUICKI) comparing to control subjects and was relatively low. Furthermore the *RBP4* gene expression rate correlated positively with insulin resistance (assessed by HOMA-IR and QUICKI). We demonstrated slight positive correlation with HOMA-IR and negative correlation with QUICKI what affirms the relationship of *RBP4* gene expression level with IR. Definitely, increasing number of subjects will allow obtaining strong statistically significant correlation. However the was no statistically significant correlation between *RBP4* gene expression level and inflammatory cytokines levels (IL-6 and TNF- α). This data might suggest that *RBP4* did not impair insulin sensitivity via mediating inflammatory state, but this need to be verified on larger cohort.

According to some authors the circulating *RBP4* level negatively correlated with GLUT4 level in adipose tissues [12,14]. To verify this statement we have checked for the *SLC2A4* gene expression rate in visceral adipose tissue and correlated it with the *RBP4* gene expression. The *SLC2A4* expression was lower in diabetic patients with insulin resistance comparing to controls and patients with proper insulin sensitivity, however, there was no correlation with the *RBP4* gene expression rate. It is likely that the circulating *RBP4* influence the GLUT4 content

on a protein level, but not on gene expression level.

Numerous studies demonstrated relationship between polymorphisms in the *RBP4* gene with increased risk for insulin resistance and type 2 diabetes [16,17,18]. Munkhtulga et al. [16] were the first that displayed the association of genetic variants in this gene with type 2 diabetes. In present study we were trying to evaluate the correlation of *RBP4* regulatory SNPs with *RBP4* gene expression, BMI and risk of insulin resistance. The both investigated SNPs were very well characterized in previous studies, where they displayed associations mainly with BMI [16], *RBP4* mRNA level [19], hypertriglyceridemia [18] and with increased risk of type 2 diabetes [17]. According to Munkhtulga et al. [16] A allele of rs3758539 correlated positively with higher BMI. On the other hand Van Hoek et al. [17] showed relationship of this SNP with type 2 diabetes risk. The bioinformatics analysis showed that the rs3758539 polymorphism is flanked by binding site for the MAZ and the R1/R2/Sp1 transcription factors when G allele is present. On the other hand when G allele is changed for the A allele the binding site is also changed for the c-Ets-2 transcription factor [19]. Thus the change of nucleotide in functional region might influence the gene expression. Despite the fact, in presented study we did not notice statistically significant relationship between genotypes of this SNP with *RBP4* gene expression. More, we did not show associations with any parameters like BMI, glucose and insulin levels or insulin resistance ratios. Furthermore there were no significant differences in genotype and allele frequencies between examined groups.

The rs3758358 displayed significant difference in genotype frequencies between tested groups. The C allele seems to occur in higher frequency in type 2 diabetes patients comparing to controls. However, there was no difference between *IS* and *IR* patients, what suggests that C allele might predispose to type 2 diabetes, but not seems to be implicated in insulin resistance pathogenesis. Statistical analysis for this polymorphic site revealed lack of association with insulin resistance ratios (neither with HOMA-IR nor with QUICKI). Furthermore we did not observed statistically significant relationship between clinical parameters characterizing metabolic disorders, although some studies provided that data [18]. Finally, we did not display changed *RBP4* gene expression profile depending on genotype. The reason for lack of association might be low size of analyzed study cohort or difference in the origin of analyzed population. The previous study was performed on Chinese [18], Japanese [16] and Holland [17] population.

Interesting approach was undertaken by Kovacs et al. [19] and Hu et al. [20] who displayed the relationship of rare haplotypes with increased risk of insulin resistance and with the *RBP4* gene mRNA and circulating RBP4 levels. In present study we did not demonstrated strong linkage disequilibrium value between two analyzed SNPs. Thus our results could not be analyzed in terms of haplotypes and statistic analysis could be irrelevant. In order to obtain more accurately results, present study should be performed on larger sample size and duplicated in distinct populations. However single locus analysis did not revealed statistically significant associations between analyzed SNPs in *RBP4* gene with insulin resistant phenotype, lipids deregulations and increased risk of insulin resistance and type 2 diabetes. Our results confirmed results presented by others [19,20], where single locus analysis also did not display mentioned associations.

Concluding, presented results implicate the RBP4 in insulin resistance pathogenesis. The level of *RBP4* mRNA in adipose tissue correlated positively with insulin resistant state. Furthermore, the *RBP4* gene expression level was highly expressed in *IR* patients comparing to *IS* patients and controls subjects. However, the mechanisms linking RBP4 with insulin resistance remain unsolved. We did not reveal any association of analyzed SNPs in the *RBP4* gene promoter region with insulin resistant phenotype as well as with the *RBP4* gene expression level. Similarly, there was no correlation between RBP4 and *SLC2A4* gene expressions rate or inflammatory cytokines. Further investigations on larger number of subjects need to be done to assess the relationship between RBP4 with insulin resistance pathogenesis.

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Table 1. The anthropometrical and biochemical characterization of type 2 diabetic patients and healthy controls. Values represent mean±SD

Clinical feature	Type 2 Diabetic Patients [Mean±SD ^a]		Healthy control	P (T Student Test)		
	IR	IS		IR vs Control.	IS vs Control	IR vs IS
Age [year]	55±9	53±7	50±10	0.0015 ^b ,	n.s. ^{c,d}	
BMI [kg/m ²]	33±9	29±6	24±4	1.18E-12 ^b ,	0.00022 ^c	0.02039 ^d
Glucose [mg/dl]	160±50	135±54	93±13	8.14E-20 ^b ,	1.02E-10 ^c	0.05365 ^d
Insulin [μU/ml]	16±11	4,9±3,3	6,12±6,3	0.00011 ^b ,	n.s. ^c	2.1E-05 ^d
HOMA-IR	5,8±4,14	1,4±0,77	1,52±1,1	2.0E-06 ^b ,	n.s. ^c	2.1E-06 ^d
QUICKI	0,303±0,02	0,378±0,04	0,391±0,04	3.3E-18 ^b ,	n.s. ^c	1.2E-13 ^d
TG [mg/dl]	204±145	142±61	111±62	0.00862 ^b ,	n.s. ^c	0.05165 ^d
IL-6 [pg/ml]	26,7±44	18±8,4	22,6±23	0.01578 ^b	n.s. ^{c,d}	
TNF-α [pg/ml]	5,25±1,0	3,6±1,5	4,7±1,7		n.s. ^{b,c,d}	
Adiponectin [μg/ml]	5,35±2,2	5,3±3,8	8,0 ±3,6	0.02297 ^b	n.s. ^{c,d}	

^a Standard deviation

^b Comparison between IR and control group

^c Comparison between IS and control group

^d Comparison between IR and IS

n.s. non significant

Table 2. Allele and genotype frequencies of analyzed SNPs. The analysis was done with and without IR and IS classification.

RS ID	ALLELE FREQUENCIES				GENOTYPE FREQUENCIES						P ^{a,b,c} (CHI ²)
	T2DM		Control		T2DM			Control			
	IR	IS			IR	IS					
rs375	A	G	A	G	A/A	A/G	G/G	A/A	A/G	G/G	n.s. ^{a,b,c}
8539	0,18	0,82	0,15	0,85	0,01	0,33	0,66	0,01	0,29	0,70	
	A	G	A	G	A/A	A/G	G/G	A/A	A/G	G/G	
	0,16	0,84	0,20	0,80	0,02	0,29	0,69	0,04	0,33	0,63	
rs375	A	C	A	C	A/A	A/C	C/C	A/A	A/C	C/C	0.0233 ^a
8538	0,83	0,17	0,92	0,08	0,70	0,25	0,05	0,83	0,17	0,0	0.0293 ^b
	A	C	A	C	A/A	A/C	C/C	A/A	A/C	C/C	n.s. ^c
	0,84	0,16	0,85	0,15	0,69	0,29	0,02	0,79	0,12	0,09	

^a Analysis done with IR and IS classification

^b Analysis done without IR and IS classification

^c Analysis between IR and IS

n.s. not significant

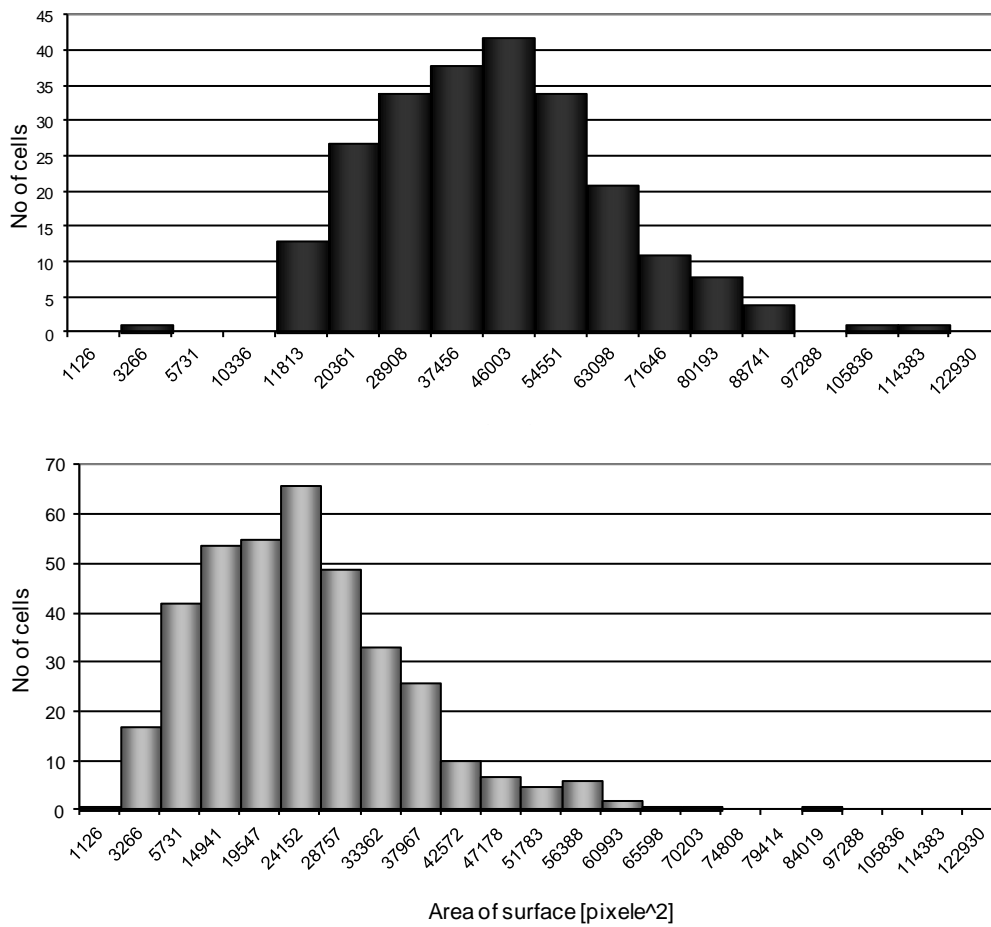


Figure 1. Comparison of adipocytes size: **A** – BMI > 35 kg/m² (obese), **B** – BMI < 25 kg/m² (lean).

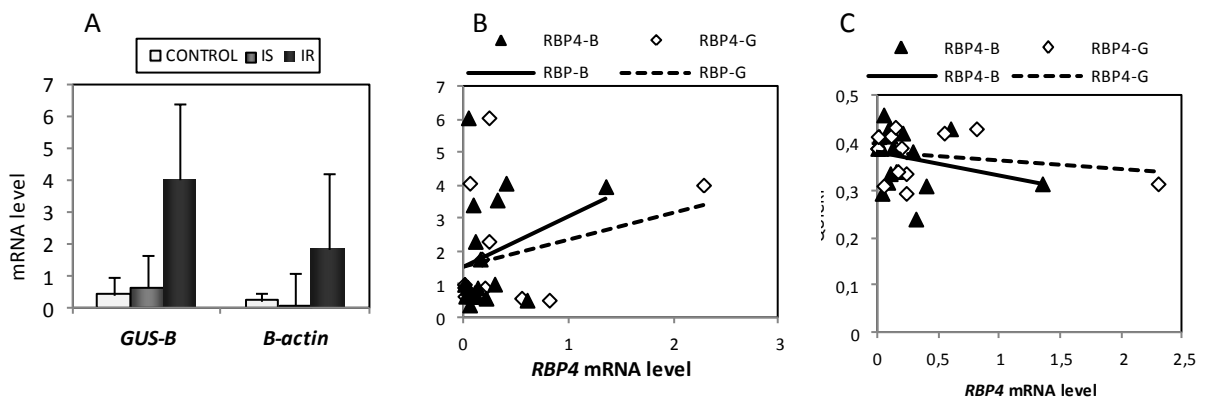


Figure 2. **A** – Comparison of the *RBP4* gene expression levels between examined groups normalized to *GUS-β* and *β-actin* (IS – insulin sensitive, IR – insulin resistant). Correlation between the *RBP4* mRNA level (normalized to *GUS-β* – RBP-G and to *β-actin* – RBP-B) and insulin resistance ratios: **B** – HOMA-IR, **C** – QUICKI, (* $p < 0.05$).

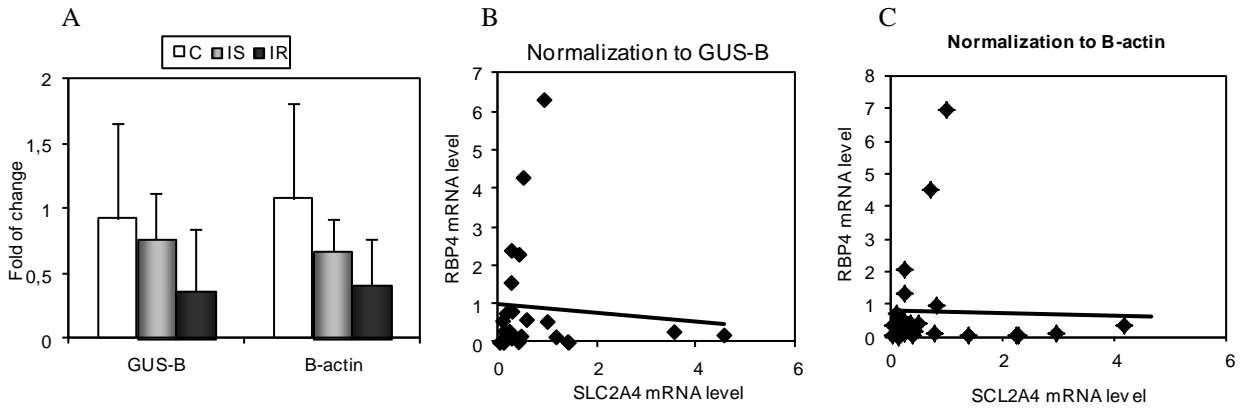


Figure 3. The *SCL2A4* gene expression rate in adipose tissue of tested groups (IS – insulin sensitive, IR – insulin resistant) (A), the correlation between *RBP4* and *SCL2A4* genes expressions rate normalized to *GUS-β* (B) and *β-actin* (C).

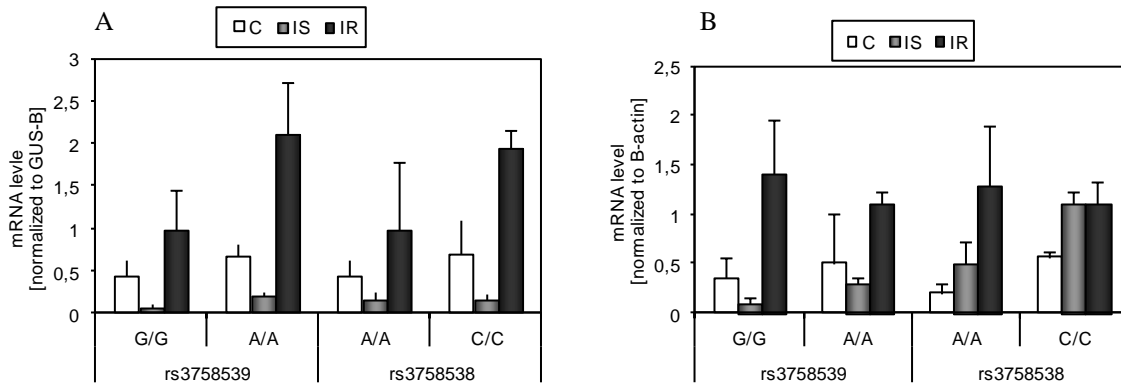


Figure 4. Comparison of the *RBP4* gene expression depending on genotype between tested groups: A – normalize to *GUS-β*, B – normalized to *β-actin*.