

# Prohibition of Drinking Malt Beverages while Eating according to Islamic Religion using SPME-GC

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**Abstracts:** Islam religions forbid the drinking of alcoholic beverages because of their effects include changes in the metabolism of the liver and brain. Eight different sorts of malt beverages were collected from the local markets of western province of Saudi Arabia. The studied samples were subjected to the determination of their alcohol content via capillary gas chromatography through three steps. Firstly, the studied samples were directly analyzed, secondary, the samples were analyzed after exposing to air and finally the samples were analyzed in presence of yeast. It has been found that there is no ethanol content when the samples analyzed directly, minor concentration of ethanol content was found after exposing malt beverages to air ranging. Considerable variability in the alcoholic strength was found in presence of yeast due to fermentation.

**Keywords:** Malt beverages, Capillary gas chromatography, fermentation, metabolism of the liver and brain

### Introduction

Malt Beverage is the one of the world's oldest (Nelson, Max 2005) and most widely consumed drink and the third most popular drink overall after water and tea (Dallas Safriet 1994). The production of malt beverages, comprises four main stages: brew house operations, fermentation, aging or secondary fermentation, and packaging (David Reisdorph 1993, Dallas Safriet 1995). The alcohol in malt beverage is produced by the brewing and fermentation of starches which are mainly derived from cereal grains most commonly malted barley although wheat, maize (corn), and rice are also used (Dallas Safriet 1994). Islam religions forbid, discourage, or restrict the drinking of alcoholic beverages because of Short-term effects of alcohol consumption include intoxication and dehydration. Long-term effects of alcohol include changes in the metabolism of the liver and brain and addiction to alcohol (alcoholism) (Nutt et al 2007, Meyer and Linda 2005, Oscar and Marinkovic 2003 and Klatsky and Friedman 1995). In many countries, people drink malt beverages at lunch and dinner. Studies have found that when food is eaten before drinking alcohol, alcohol absorption is reduced (Liang, H et al 2010 and Ramchandani et al 2001) and the rate at which alcohol is eliminated from the blood is increased. The mechanism for the faster alcohol elimination appears to be unrelated to the type of food. The likely mechanism is food-induced increases in alcohol-metabolizing enzymes and liver blood flow (Jorge G et al 2008).

Capillary gas chromatography (CGC) connected with flame ionization detector (FID) is a powerful tool in the analysis of alcohols in malt beverage products.

Minimal sample preparation, in general, is required. The flavor compounds tend to be volatile in nature, which fulfills one of the main requirements of CGC. In this guide, we will discuss how CGC can be used to (1) monitor alcohol content in alcoholic beverages, (2) determine the volatile profile of a product, and (3) detect trace level impurities.

Accurate and precise determination of major, trace toxic and heavy elements in foods and beverages has recently become a national challenge in many counties. Due to the positive effects as the removal of bad odors and tastes as well as the fermentation process and negative effects as Beverage spoilage and hazing caused by the presence of such elements, their concentration can be a significant parameter affecting the beverage consumption and conservation (Ahmed Y.A. et al 2010, Pawel P., Bartlomiej P. 2010, Mehmet B. 2010 and 2007).

Our goal in this work was to analysis of eight samples of malt beverages collected from local markets in the western province in Saudi Arabia via capillary gas chromatography for their alcohol content according to Islamic Religion. Also, to assess 15 mineral and heavy toxic elements levels in comparison with the maximum permitted levels reported by the international regulatory standards.

### Material and methods

#### Sample collection

Eight malt beverages samples of different international brands were collected from the local markets of western province of Saudi Arabia. The collected samples are given in Table 1.



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**Table (1)** The origin of the investigated malts beverage samples.

Sample No.	Brand	origin
1	Budweiser	USA
2	Efes	Turkey
3	Holsten	Germany
4	Rockers	Gordon
5	Barbican	UAE
6	Hillsburg	KSA
7	Bario	KSA
8	Moussy	France

#### Gas Chromatography:-

The studied malt beverage samples were analyzed using Perkin Elmer gas chromatograph of model 580 series equipped with flame ionization detector (FID), using HP-5 fused silica capillary column Packed with 95 % dimethyl polysiloxane and 5 % vinyl as stationary phase, 30 meter in length, 0.53 mm int. diameter, and thickness film 0.5  $\mu\text{m}$ . Helium was used as mobile phase, all gas flow rates were set to manufacturer specifications, performing conditioning and standardization of the system. The flow rate was measured from the end of the column with a soap bubble flow rate. Methane as an unretained marker was used to correct the dead volume in the column. Injections were made in split mode with a split ratio of 1:15. Glass linear is packed with deactivated glass wool which changed after six injections. The column oven was programmed from 80  $^{\circ}\text{C}$  (hold 1 min) to 300  $^{\circ}\text{C}$  at a rate 10  $^{\circ}\text{C}$  / minute with 190 minute hold at 300  $^{\circ}\text{C}$ . The injector temperature is set at 300  $^{\circ}\text{C}$  and the detector temperature is 320  $^{\circ}\text{C}$ . The data was estimated by integration of the area under the resolved chromatographic profile, using Total Chrom, Ver. 6.2.1 Software, via Interface NCI 900, Manual Injection of 1  $\mu\text{L}$  of samples after washing syringe with sample's solvent and injected 1  $\mu\text{L}$  of solvent.

#### Results and discussion

##### Analysis of Alcohols in Malt Beverages

Malt beverages contain a wide range of volatile compounds, including alcohols. Gas chromatography (GC) is a powerful analytical tool in the analysis of these compounds without preliminary extractions. Minimal sample preparation, in general, is required,

since the samples are in the liquid state in an alcohol or alcohol/water matrix.

In this work, alcohols in malt beverages also can be monitored by capillary GC. Since capillary columns offer efficient separations, capillary GC is especially useful in analyses of structurally similar compounds, such as the fusel alcohols. The unique polarity of the Rtx-5 stationary phase ensures excellent resolution of a range of alcohols. The concentration of alcohol in a beverage is usually stated as the percentage of alcohol by volume. The CGC analysis of the studied samples was done in three steps, the first for the samples after the glass bottle was opened directly, the second after exposing the samples to air during drinking and the third in presence of yeast to see the effect of fermentation.

Firstly, the calibration curve was achieved depending on the relation between the different concentrations of ethanol against the area of each concentration which is summarized in Figure 1.

The linear relationship between area and concentration is:

$$y = 3.4928x$$

using the linear relationship and Figure 1, the minor amounts of the produced ethanol in the studied samples was determined quantitatively.

##### (i) Directly analysis of malt beverage by CGC

The selected samples were injected directly inside CGC without exposed it to air in order to determine the minor amounts of ethanol if it is present. The quantitative determination of ethanol was achieved depending on the previous calibration standard curve mentioned above. It has been found that all studied samples have no ethanol contents in their compositions. This result reflecting their agreement with the rules of Islamic religion.

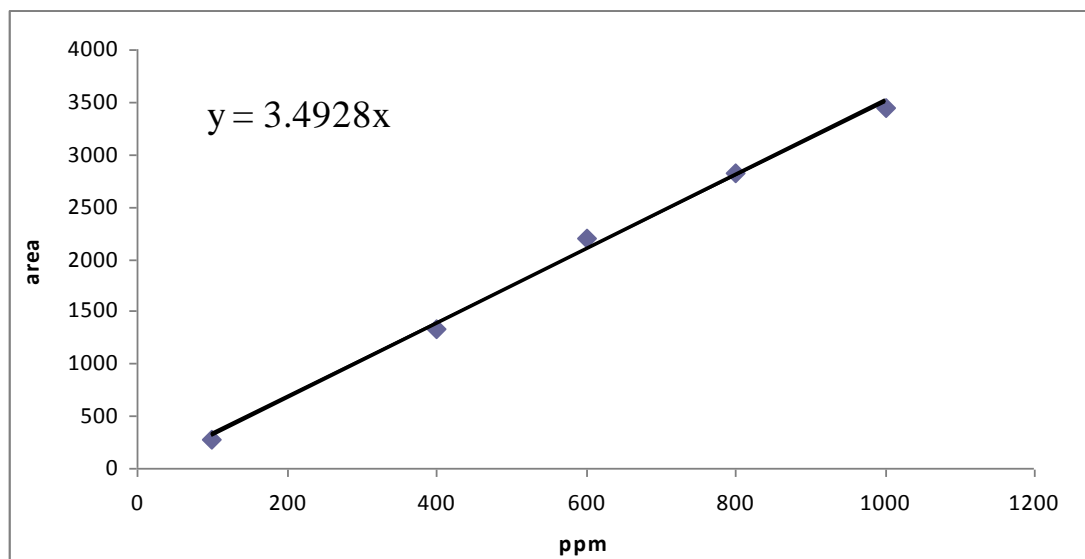


Figure 1. Calibration curve for ethanol concentration against area.

**(ii) Analysis of malt beverage after exposing to air by CGC**

The studied samples were exposed to air after 24 hours. Then the samples were injected in CGC at the same conditions of the standard calibration curve in order to pick up the produced minor amounts of ethanol after exposing to air and also, to determine the other produced oxidation products. The result was given in Table 2 and figure 2. It has been found that all sample produce ethanol after exposing to air but with minor amounts ranging from 12.7 ppm in Hillsburg to 1940.6 in Efes sample. Also, all samples produce other two oxidation products of concentrations higher than ethanol when exposed to air, the first may be aldehyde and the second may be acid product. Although the produced ethanol is below the maximum tolerance levels reported by international regulatory standard, this result retards with the Islamic religion which prevent the presence of ethanol in malt beverage samples even at minor concentrations. So, we advice all Muslim peoples to drink all types of malt beverages without exposing it to air for a long time to prevent the production of alcohols and to follow the Islamic rules. The malt beverages were halal drink when taken directly.

**(iii) Analysis of malt beverage after fermentation in presence of yeast**

Fermentation is a biological process in which yeast converts sugars and starch into ethyl alcohol and carbon dioxide and is expressed chemically as:



Behind this simplified chemical reaction is a series of complex biochemical reactions. These reactions (known as the Glycolytic pathway) involve a number of enzymes and the reactions take place anaerobically inside the cells of brewing yeast.

The studied malt beverage samples were subjected to quantitative analysis by CGC in presence of yeast without exposing to air. The process of fermentation occurs, the produced ethanol contents from fermentation process was given in Table 3 and shown in Figure 3. It has been found that all studied malt beverage samples produce high concentrations of ethanol as a product of fermentation ranging from 4621 ppm in Budweiser to 34160.3 ppm in Hillsburg. Also, most samples produce other products of minor amounts which eluted at retention time higher than ethanol, these products are may be aldehyde and acid. These oxidation products as a result of fermentation process as shown in Figure 3.

Finally, the Muslim peoples would dink these types of malt beverages directly without exposing it to air for a long time and also, without eating food through drinking to prevent the chance of alcohol production. These precautions important to the avoidance of double in the formation of alcohol which forbidden from Islamic religion.

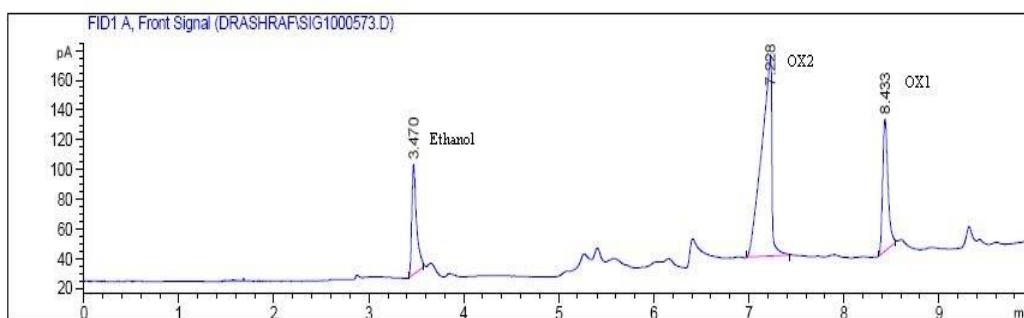
**Table 2.** Concentration of ethanol in the studied malt beverage samples in presence of air after 24 hrs.

Sample name	Ethanol (ppm)	Ethanol (WT%)	Oxidative product 1	Oxidative product 2
<b>Budweiser</b>	240.0	0.024	96.4	32.0
<b>Efes Classic</b>	1940.6	0.194	264.9	81.9
<b>Holsten</b>	290.0	0.290	120.2	44.3
<b>Barbican</b>	142.0	0.014	180.2	72.2
<b>Hillsburg</b>	12.7	0.001	601.9	157.6
<b>Bario</b>	73.0	0.007	290.9	98.3
<b>Rockers</b>	551.9	0.055	134.2	56.8
<b>Mossy</b>	70.7	0.007	66.3	21.3

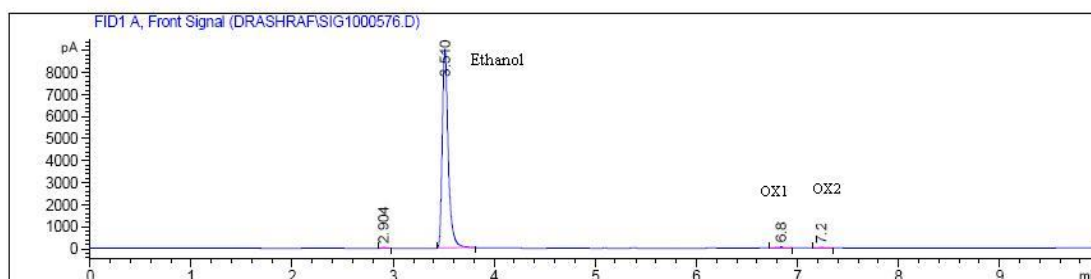
**Table 3.** Concentration of ethanol in the studied malt beverage samples in presence of yeast after 24 hrs.

Sample name	Ethanol (ppm)	Ethanol (WT%)	Oxidative product 1	Oxidative product 2
<b>Budweiser</b>	4621.1	0.462	30.3	-
<b>Efes Classic</b>	9202.4	0.920	188.4	
<b>Holsten</b>	6523.2	0.652	95.6	<b>25.0</b>
<b>Barbican</b>	10703.9	1.070	25.6	18.4
<b>Hillsburg</b>	34160.3	3.416	90.5	43.8
<b>Bario</b>	22328.5	2.233	33.9	15.4
<b>Rockers</b>	5634.3	0.563	60.7	-
<b>Mossy</b>	12799.6	1.280	33.1	-

**Figure 2.** GC Chromatogram of Barbican after exposing to air



**Figure 3.** GC Chromatogram of Barbican in presence of yeast.



### Conclusions

1. The studied samples have no ethanol contents in their compositions. This result reflecting their agreement with the Islamic religion.
2. There is a production of minor amounts of ethanol and other oxidation products after exposing to air for a long time, the production of ethanol increases in presence of yeast due to fermentation.
3. In order to follow Islamic religion, it is preferred to drink these types of malt beverages directly before exposing to air and fare from food to prevent the production of ethanol as a product of oxidation and fermentation.

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